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Riverside County to host weekly Farmers Market

As part of an effort to spread a message of good health through healthy eating, the County of Riverside is set to host its inaugural Farmers Market in the heart of downtown historic Riverside.

The Grand Opening is planned from 8:30 a.m. to 1:30 p.m. on Wednesday, March 16 at the County Administration Center, located at 4080 Lemon St. in Riverside.

“Eating fruits and vegetables daily is essential to our health. And because access to fresh fruits and vegetables can be an issue in some communities, this is a great opportunity for residents and visitors to have their pick of some of the finest locally-grown produce that the region has to offer while building health into their everyday lives,” said Sarah Mack, interim director of Riverside University Health System – Public Health.

The Grand Opening will feature local and Southern California growers and such healthy foods as hummus, baked goods, balsamic vinegar, honey and other edible products.

Best of all, residents will enjoy regular access to the Farmers Market, which will become an on-going weekly event going forward from the Grand Opening.

The Farmers Market is made possible in conjunction with the Riverside County Economic Development Agency, Riverside University Health System – Public Health, Agricultural Commissioner, Riverside County Department of Environmental Health, County of Riverside Culture of Health and the Healthy Riverside County Initiative.

For more information, visit cultureofhealth.rc-hr.com or view at <https://vimeo.com/158525855>.