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San Jacinto schools partner with Public Health, Cardenas Markets to promote healthy eating

San Jacinto elementary school students will get up close and personal with healthy foods at a local grocer as part of Fruit and Veggie Fest 2016. The event is planned from 3:30 to 6 p.m. on Thursday, May 19 at Cardenas Markets, located at 1475 S. San Jacinto Ave., in San Jacinto.

The annual “store tours” event is made possible by San Jacinto Unified School District, in partnership with Cardenas Markets, Riverside University Health System – Public Health and Champions for Change, a movement to inspire healthy changes within our communities.

“The Fruit and Veggie Fest is a great opportunity to encourage healthy eating habits among children by giving them a backstage pass to all the wonderful, healthy options found in our local markets – from dairy and grains to protein and produce,” said Gayle Hoxter, head of Nutrition Services and Health Promotion.

Students from four San Jacinto elementary schools – Edward Hyatt, Jose Antonio Estudillo, San Jacinto and Park Hill – will participate in the store tours.

“We know students are going to love Fruit and Veggie Fest and are grateful for our partnerships with Cardenas Markets and Public Health for making this opportunity possible,” said Diane Perez, Superintendent, San Jacinto Unified School District.

Students will be entered into prize drawings and will receive a goodie bag for their participation.

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