Get Out Ahead!
Prevention is now a nationwide priority. Public health can lead the way by helping communities identify the resources and information available to keep everyone healthy and safe.

In Riverside County about one-third of youth grades 7th—11th report being bullied.

On Average, 27 percent of youth report being bullied based upon biases such as gender, sexual orientation, race/ethnicity, and religion.

Of all bias-related bullying, both race/national origin and sexual orientation were the leading causes of bullying experienced by Riverside County youth.

Have you considered the affects of bullying on the health of our children?

- Depression
- Anxiety
- Fatigue
- Headaches
- Increased alcohol use
- Social isolation
- Tobacco use
- Suicide

Early life stress can cause a chain reaction that may result in disease outcomes later in life. Our kids deserve better. Our county deserves better. Let’s improve health for all.